



FOR SUMMER FUN

Eat Smart. Play Hard.™

Summer Fun Challenge Week Six:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Farm to Summer: Go on a Virtual Dairy Farm Tour (Will need a computer and internet connection) http://bit.ly/2iRCaXN Create a Milk Mustache Booth and Take Funny Photos</p>	<p>Beat the Heat with Sponge Tag! http://bit.ly/2jLZdSj</p>	<p>Nutrition Fun! Play the What Food Am I Game? http://bit.ly/2j9ld98</p>	<p>Sculpt it! Sculpt a healthy meal using modeling clay or play dough! Can you get all five groups?</p>	<p>Summer Fun Ninja Warrior Obstacle Course!</p>
<p>Who Can Help? Local dairy farmer FFA member 4 H member Extension Teacher Farm Bureau</p>	<p>Who Can Help? Local fireman Local police officer Mayor/ city council Students Teachers Parents Local business Anyone willing to have fun!</p>	<p>Who Can Help? Local dietitian Extension FFA members 4 H members Boy or girl scouts Students Teachers</p>	<p>Who Can Help? Anyone willing to have fun!</p>	<p>Who Can Help? Local parks and Rec Student Athletes PE teacher or coach YMCA Police Officer Fireman</p>

Complete: Send your photos to sliewer@hungerfreeheartland.org Social Media #NESUMMERFUN

